



News

Soldiers from Company A, 52nd Engineer Battalion head to Bosnia Sunday.

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Feature

52nd Engineer Battalion soldiers improve Mountain Post through numerous construction projects

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Sports & Leisure

1st Squadron, 3rd Armored Cavalry Regiment wins Medical Department Activity 50-mile relay race.

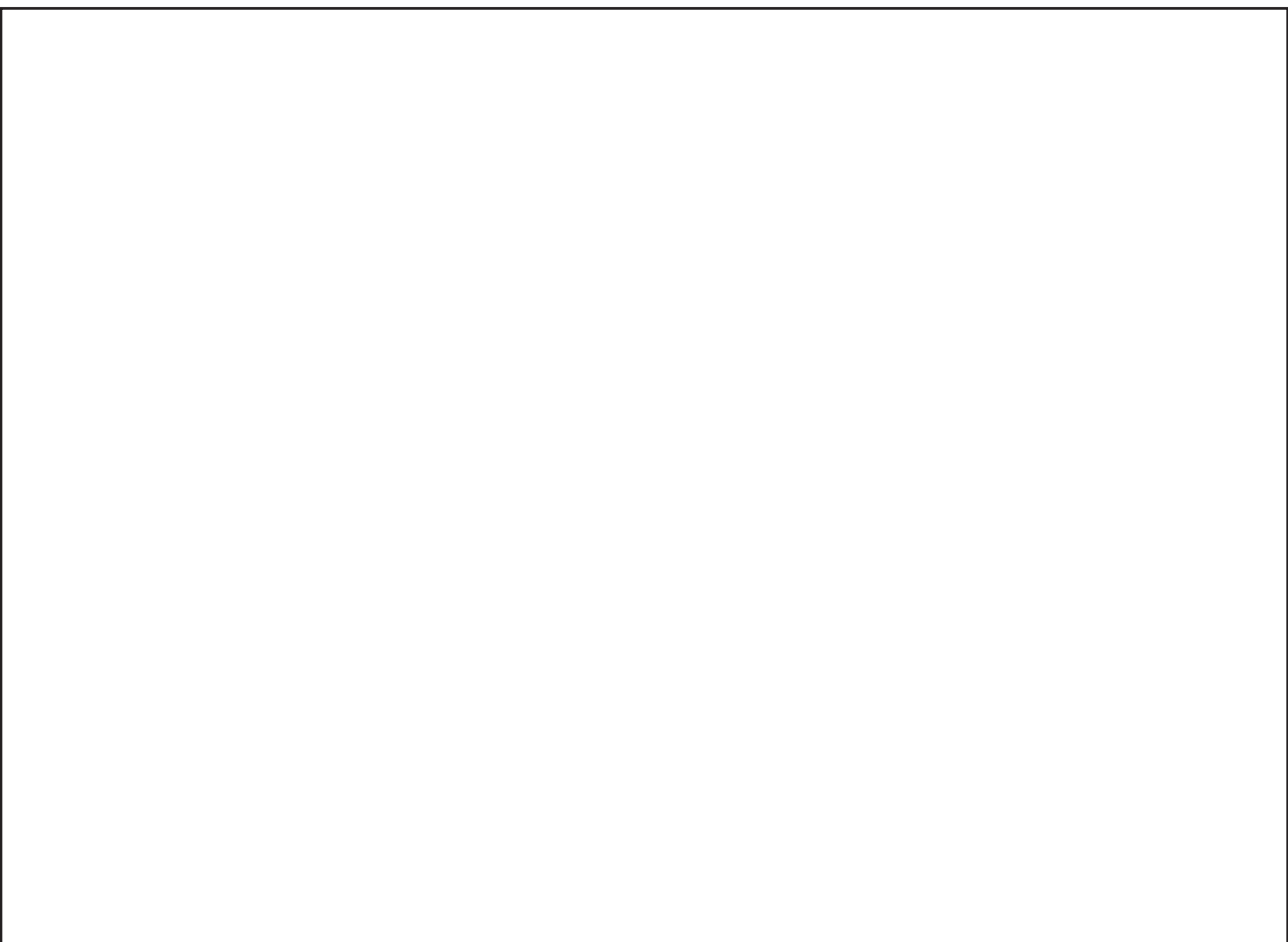
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Happenings

Balloon classic offers free fun and entertainment for all ages this weekend at Memorial Park.

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Photos by Spc. Jon Parr  
A Bradley Fighting Vehicle is washed off by Maj. Gen. John M. Riggs, commanding general, during the Better Opportunity For Single Soldiers Appreciation Day.

# Single soldier day all fun 'n' games

by Spc. Jon Parr  
Mountaineer staff

There was no shortage of single soldiers at Ironhorse Park Aug. 28, as almost all of them took part in the 1998 Better Opportunity for Single Soldiers Appreciation Day.

The event, which started at 7:30 a.m. and lasted until 5 p.m., was ideal for single soldiers as games, food and a day off work were all included in the festivities.

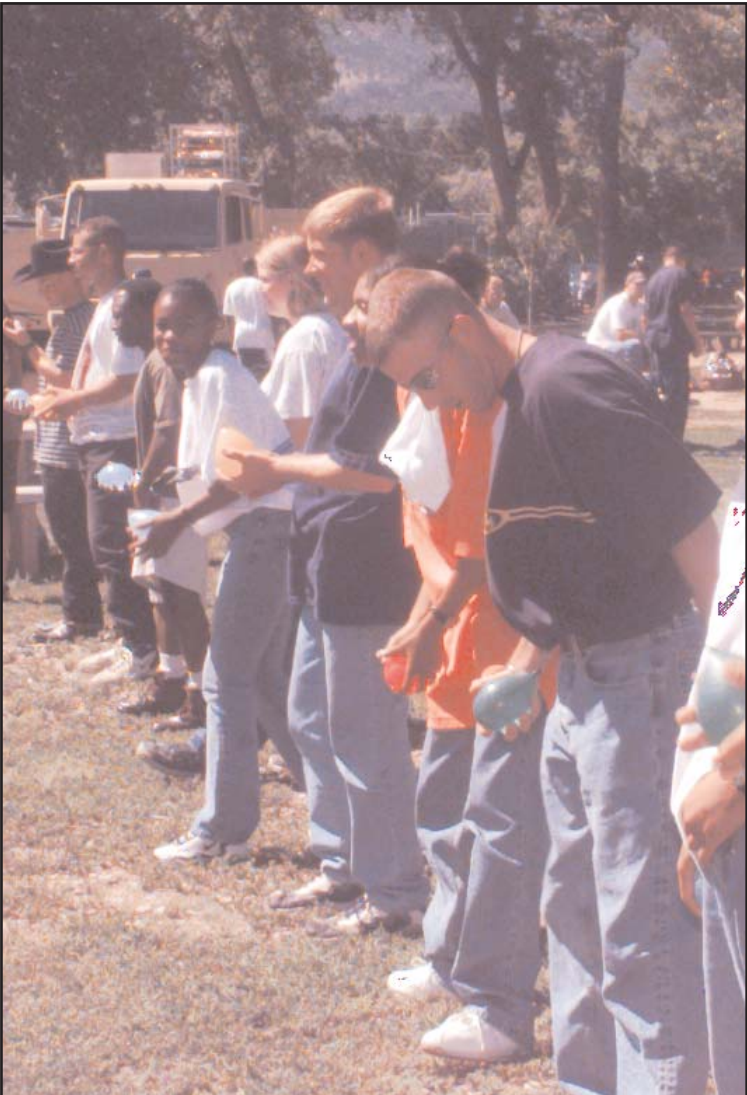
It started with breakfast and picked up quickly as soldiers participated in many events, including volleyball, horse shoes, softball, miniature golf and basketball.

Although sporting events were scheduled, many soldiers found themselves relaxing in the sun and hanging out with their friends.

Today has been a lot of fun, said Pfc. Corin Valee, 4th Personnel Services Battalion. Usually it's married soldiers who receive all the benefits, so it's nice that they did something for the single soldier.

Soldiers saw Maj. Gen. John M. Riggs, commanding general, take part in the event, when he used a fire hose to wash off a Bradley Fighting Vehicle.]

The day of fun eventually ended, but first there was a door-prize session, where soldiers won tickets to Colorado Gold Kings games, a video cassette



A group of single soldiers prepare for the balloon toss during their appreciation day.

Commanders



Riggs

“... let’s make this the safest holiday weekend ever for the Mountain Post Team.”

This year we have lost four Mountain Post members in off-duty accidents — three in privately owned vehicle accidents. These numbers are simply too high. Two Fort Carson soldiers lost their lives in an out-of-state accident over the Memorial Day holiday weekend when the driver fell asleep at the wheel. We must re-energize all possible efforts in countering this trend.

Today marks the beginning of the four-day Labor Day weekend for most of the Mountain Post Team. Whether planning to travel out of state or stay in the Colorado Springs area, I ask that everyone: soldiers, Department of the Army civilians, retirees and family members must begin all of their plans with safety foremost in mind.

Those of you who do plan to travel over the holiday weekend should ensure vehicles are prepared for the trip. The chain of command is required to perform safety checks on soldiers’ vehicles before every four-day weekend. These checks are vital to the safety of our soldiers, especially those who plan to travel outside of the Colorado

Springs area. Soldiers must also be counseled on safe driving procedures, i.e., wearing seat belts, observing the posted speed limits, getting plenty of rest before and during the trip and the danger of driving while under the influence of alcohol. There appears to be a stubborn resistance to the wearing of seat belts, a factor in most of our fatalities — on and off duty. Continue your efforts at all levels in your organizations to change our members’ attitudes on this most important habit. Get adequate rest, don’t travel too many hours per day and don’t try to travel too far during the four-day weekend.

Every member of the Mountain Post Team should have a safety kit packed in his/her car in case of a breakdown or accident. The safety kit should contain, at a minimum, blankets, a first aid kit, warm clothing and flares.

Labor Day is the unofficial end of summer. This weekend will be the last chance for swimming at most outdoor swimming pools and beaches, and many of our Mountain Post Team members will likely be engaging in water activities. When swimming or boating, there’s safety in numbers; never swim or boat alone. Also, alcohol is a safety hazard to swimmers and boaters.

We are blessed to live in an area with super potential for a myriad of outdoor activities. All of these must be assessed for their particular hazards. If camping, hiking or mountain climbing, be sure you’re prepared for the trip and know the terrain. Campers must be sure to extinguish all fires before leaving their camping areas. Hikers must be pre-

pared for a variety of terrain and weather conditions. Mountain climbers must consider undergoing expert training and stay clear of areas off limits to climbing — remember that rock scrambling (without technical equipment) is illegal in some parks, such as Garden of the Gods. Our Outdoor Recreation Complex has resources available for all of these activities.

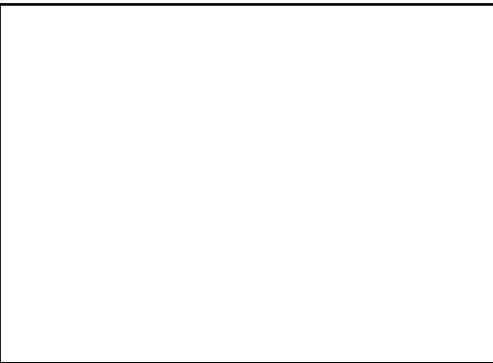
Check the weather reports before participating in outdoor activities to ensure you are appropriately dressed. If you are planning to be at an altitude where weather conditions can deteriorate quickly, be prepared by taking additional clothing for the “just in case” scenario —snow is not uncommon at high altitudes in September. No matter what the weather, be sure to drink plenty of water if you plan to be outdoors for an extended period of time.

If you’re planning a barbecue over the holiday weekend, remember to never start the barbecue grill with gasoline and keep the grill a safe distance from the house or flammable materials.

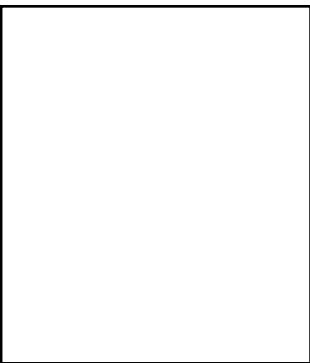
I enjoin you to use leadership in your organizations to help make this a weekend of fun and positive family rewards, free of anguish and sadness commensurate with an accident by one of our members. Have a wonderful and safe Labor Day Weekend — let’s make this the safest holiday weekend ever for the Mountain Post Team.

Proud to serve, safely!

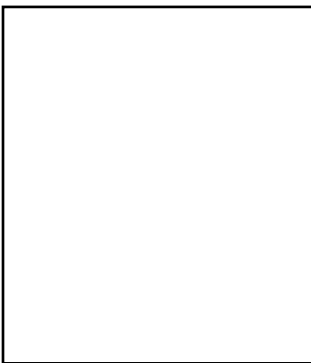
Major General John M. Riggs  
Commanding General



What are your plans for the Labor Day weekend?



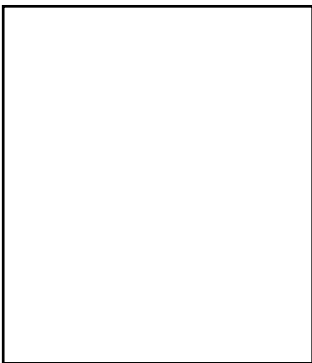
Private Brian Hanes  
3ACR  
I m going to hike to the top of Pikes Peak.



Kathy Ebbs  
Family Member  
I m going to a wedding Monday.



Juanita Young  
Family member  
Stay home and barbecue.



Betty Riley  
Civilian Employee  
I m going to a wedding, have a little cookout and relax.

Mountain Post Team MVP

Turkey Creek Recreation Area staff

This week’s Most Valuable Players are the staff of theTurkey Creek Recreation Area, managed by Dennis Kotke.

The staff has provided polite, helpful and cooperative service, said Julia Green of L-3 Communications, after a recent company picnic at Turkey Creek.

Green said, when she thought there were problems in the way things were being run the staff of Turkey Creek Recreation Area were willing to fix any and all problems promptly

and efficiently.

Green said the employees of L-3 Communications found the stage coach and pony rides a great source of fun and excitement.

Another high point for their stay at Turkey Creek, Green said, was everything was accessible to all attendees and the clean and well kept facilities.

To the staff of the Turkey Creek Recreation Area: Keep up the good work.

*This feature in the “Mountaineer” will spotlight a soldier, Department of the Army civilian, retiree, family member or volunteer each week for an outstanding act or performance. **We need nominations to run this feature every week.** Each week, the MVP will be selected from nominations from the Fort Carson community. Nominations should include the person’s full name, rank or title, what they did that resulted in the nomination and a phone number where they can be reached. The deadline for nominations is 3 p.m. Thursday for the following week’s “Mountaineer.” Nominations can be faxed to 526-1021 or mailed to:*

*Mountaineer  
Public Affairs Office, Building 1430  
Fort Carson, CO 80913-5000.  
For more information, call 526-4144.*

**MOUNTAINEER**  
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# News

## Engineers headed to Camp Bedrock, Bosnia

by Spc. Jon Parr  
Mountaineer staff

A total of 101 soldiers from Company A, 52nd Engineer Battalion, are preparing to construct in the cold as they leave for a six-month deployment to Camp Bedrock, Bosnia, Sunday. Attached to the 20th Engineer Battalion, Fort Hood, Texas 1st Lt. Brian Pazlick, Co. A, 52nd Eng. Bn., construction officer in charge while in Bosnia, said the soldiers will take on several projects.

Although the company has yet to receive an exact scope of what it will be doing in Bosnia, Pazlick said all the construction will be done on the base camp and the reconstruction of roads between base camps.

Many projects will be completed in Bosnia, but the deployment provides a great opportunity for the soldiers to learn. "For a lot of the younger soldiers, this is their first lengthy deployment," Pazlick said. "The training value is incredible because these soldiers are going to be doing what they are paid and trained to do."

Continuous projects on post always help the soldiers maintain their skills, but Pazlick said he feels the deployment will provide better training. "Working here they don't get a full spectrum of what they are trained to do," he said. "While in

Bosnia, they are going to experience a real-life situation, which they don't face on a stateside post." Training received will be second to none, and Pazlick expects his soldiers to do well. However, he thinks the toughest thing his soldiers will face is staying focused after a long period of time. "The biggest problem over a long period of time is remembering to stay focused," he said. "Between going back home to loved ones and all the things taking place in the world, sometimes soldiers get distracted.

"It's important that we keep them focused because we are in a real-world situation," Pazlick said. "The most important part of this deployment is force protection. We want to make sure everyone that leaves comes back safely." In order to keep the soldiers safe, all the deploying soldiers went to Fort Hood for 10 days of training. They received training on land mines, — one of the biggest dangers in Bosnia.

How to handle civilians, drivers testing and force protection were also intergal parts of the training program, Pazlick said. All in all, Pazlick expects the company to do well during the deployment. "The soldiers are well-trained and excited to go," he said.



Photo by Spc. Jon Parr  
**Private Brian Wilson, Company A, 52nd Engineer Battalion, breaks cement with a sledge hammer.**

## W elcome aboard

Major Gen. John M. Riggs, commanding general, center, welcomes Brig. Gen. James T. Jackson, deputy commanding general, 5th U.S. Army East, right, to the Mountain Post Aug. 26 at Manhart Field.



Photo by Pfc. Adam Thornton



# Community

## New Parent Support Group helps families

*Program provides support, referrals to soldiers and their families living both on and off*

by Pfc. Socorro A. Spooner  
Mountaineer staff

The Fort Carson New Parent Support Group is a program which has been implemented on post to help with the prevention of child abuse.

The group helps with the teaching and strengthening of parenting skills as well as promoting healthy family relations, according to Suzanne Dorsett, program manager.

We are not child investigators, said Dorsett.

The group not only provides its services on post, but also provides them to military families who live off post. The services they provide are available to everyone who needs help with their parenting skills or who just need a chance to talk to other adults about the stress of being a parent, said Dorsett. The home care visits can provide parents with reassurance that they are doing a good job of parenting, she said. All of our visits are made in the best interest of the child and the military family keep the stress levels down in the home, said Dorsett. We are here to help increase the bonding between the parent and child.

The NPSG is a home visitation program for military families with children ages six and under, and expectant parents, she said. The home visitors are nurses and social workers who visit homes on a weekly or monthly basis to focus on parenting and family issues and provide support, she said.

Some of the resources available to families on post are the One-Two-Three Magic video, the Mother's Support Group, a Friday play group and a parenting class.

The One-Two-Three Magic video's purpose is to show parents how to deal with the anger, screaming, yelling, hitting, and frustration that can come from parenting.

The MSG is a group which helps mothers learn and practice principles to build self-esteem and a support system. Some of the topics discussed during the meetings include self-nurturing and personal growth, exploring relationships, supporting one another and parenting. The mothers really depend on one another and discuss how being a mother affects their everyday lives, said Dorsett.

The Friday play group is an informative, fun-filled way for parents and tots to spend quality time together, said Dorsett. They also



**The Mother's Support Group meets every other Thursday from 9 to 10:30 a.m. at Christopher's restaurant.**

provide a 12-week Parenting class which helps to teach families to function with and without a spouse in the home. They cover things from discipline to reducing the stress of being a parent.

Another way the group helps the Fort Carson community is by participating in the Baby Bundles program at Evans Army Community Hospital, said Dorsett. The program delivers a baby lullaby tape, bottle and a homemade quilt for soldier in the ranks specialist and below while sergeants and above

## Chow down

Hungry people found a bargain and helped the chapel fund at lunchtime August.

Chaplain (Capt.) Ed Williamson, Provider Chapel and Spc. Bum Kim of Veterans' Chapel, cooked bratwurst on Johnsonville's "World's Largest Grill" parked at the commissary. Half of the sales proceeds went to the Chaplains' Fund, according to Williamson.



Photos by Nel Lampe

# Evans makes information easier to access on post

Evans Army Community Hospital

Health information abounds in today's technology-driven, information-laden society. Want to learn more about your mother's diabetic condition? How about the latest on low-fat cooking? Or maybe your child has attention deficit hyperactivity disorder and you want to know more about this condition. There are many sources of health information available to TRICARE beneficiaries. Here are three easy to access, readily available sources for anyone seeking general or detailed health information.

## TRICARE Line for Care

The TLC is a free, confidential health and medical counseling service for all TRICARE beneficiaries. By calling the TLC, you can learn how to get answers to your questions about health and medical care. Counselors, trained in health education, nursing and pharmacy, will help you work with your doctor to decide on the most appropriate care. The TLC is completely voluntary. All you do is call (888)887-4222. People phone the TLC to receive answers to many health-related topics, such as:

Non-emergency medical advice and assistance. For example, your child wakes up in the middle of the night with a high fever do you call the doctor, give your child medication, or take your child to the Emergency Room?

The risks and benefits of medical procedures, tests and treatments

Alternatives to hospitalization, or how to prepare for a hospital stay.

Side effects of medication.

Ways to cope with a chronic health condition.

No question is too big or too small for the TLC.

## Medical Library, EACH

Open Monday through Friday from 8 a.m. to 2 p.m. and located on the second floor across from the Obstetrics / Gynecology and Urology clinics, this resource is available to patients and staff of the hospital. The library is staffed with a full-time medical librarian and an assistant. It contains books, journals, research material, reference texts and numerous other forms of printed health information. It even has internet access for those who want to search for information on line. The next time you visit the hospital, stop by the Medical Library and look around. The Medical Library also sponsors book fairs that allow hospital visitors to review and purchase many of today's most popular books -- from children's stories to nutrition to poetry -- all at bargain prices. Phone 526-7286 for more information about future book fairs.

## The Internet

For those with computer access to the World Wide Web, vast amounts of health and medical information are a mouse click away. There are thousands of searchable medical data bases, websites at some of the most prominent medical schools in the nation, and government agencies that give the public direct access to volumes of health-related information. Here are just a few (note: all sites are prefaced with <http://> ) to get you started:

- [www.medmatrix.org](http://www.medmatrix.org) Medmatrix searchable database
- [www.ohsu.edu/clinweb/www1](http://www.ohsu.edu/clinweb/www1) Links to thousands of medical research organizations
- [www.nih.gov](http://www.nih.gov) National Institutes of Health
- [www.cdc.gov](http://www.cdc.gov) Centers for Disease Control
- [www.region8.tricare.osd.mil](http://www.region8.tricare.osd.mil) TRICARE Central Region
- [www.osd.ha.mil](http://www.osd.ha.mil) DoD Health Affairs
- [evans.carson.amedd.army.mil](http://evans.carson.amedd.army.mil) EACH

## Clinic added at Evans

Evans Army Community Hospital

A Prime Acute Care Clinic has been added to Evans Army Community Hospital. The PACC was created for two reasons. The first was to act as an overflow clinic for the TRICARE prime patients with non-urgent problems. For example, if your Primary Care Manager is booked, you can still get a same day appointment with the PACC. The second reason was to give patients an alternative to sitting in the waiting room of the Emergency Room. The PACC cannot treat real emergency cases, such as a broken leg or chest pain, but it can help non-urgent patients to be seen and taken care of much faster.

Remember, the ideal way to be seen is through your PCM, but perhaps the PACC can make it a little easier when your PCM is not available and the ER is filled with emergency cases. If you have a chronic medical problem, please follow up with your PCM.

The PACC is available to a wide assortment of patients. All dependents and retirees enrolled in TRICARE Prime at Fort Carson are eligible to make appointments with the clinic. Additionally, active duty soldiers can schedule appointments for after duty hours. Even TRICARE Prime enrollees that are assigned to a PCM outside Fort Carson, but are in the area or on leave, are eligible to schedule appointments.

The PACC keeps extended hours to ensure appointments are always available. It is open Monday to Friday from 8 a.m. to 8 p.m. and Saturdays, Sundays and holidays from 10 a.m. to 7 p.m.

Appointments can be scheduled up to 24 hours in advance by calling the TriWest appointment line at 264-5000. After duty hours, and on weekends and holidays, appointments can be scheduled directly at the clinic by calling 526-7838 or 7813. Voice mail is available for patients to leave messages if the clinic is closed or if the staff is busy with patients.

The PACC is located between the



# Fort Carson commended for successful AER campaign

The president and the board of managers of Army Emergency Relief extended their appreciation to the Mountain Post for the success of the 1998 AER campaign. The post has achieved the dual goals of raising funds, which has enabled AER to continue its mission of financial assistance to soldiers and their families and heightening soldiers' awareness of the support available to them through AER.



# Chapel

The Religious Education Fair is scheduled for Sept. 13 at Soldiers Memorial Chapel from 8:30 a.m. to 1:30 p.m. This will be your opportunity to sign up for Protestant Sunday School and Catholic Family Religious Education.

An account has been established to receive donations toward the replacement of sanctuary furnishings destroyed during the January fire at Soldiers Memorial Chapel. Send checks or money orders to the chapel or the Installation Chaplain's Office.

Prussman Chapel invites everyone to celebrate its 27th anniversary Sept. 13 at 3 p.m. at the chapel. For more information, call 526-4469.

Religious Education Classes need volunteers to serve as teachers and assistants in the Protestant and Catholic Religious Education Programs. If interested, call Miki Feldman at 526-0478.

Protestant women of the Chapel will meet every Tuesday at Soldiers Memorial Chapel from 9 to 11:30 a.m. and 7 p.m. For more information, call Jennifer Wake at 540-9157 or Nancy Beach at 576-4471.

## Chapel Schedule

### ROMAN CATHOLIC

Chapel	Service	Day	Time	Location	Contact Person
Healer	Mass	Sunday	11 a.m.	Evans Army Hospital	Fr. Gagliardo/526-7386
Healer	Mass	M - W-F	11:45 a.m.	Evans Army Hospital	Fr. Gagliardo/526-7386
Provider	Mass	Sunday	12:15 p.m.	Barkeley & Ellis	Chap. Cavanaugh/526-5769
Soldiers	CCD	Sunday	10:45 a.m.	Nelson & Martinez	Ms. Feldman/526-0478
McMahon	Mass	Sunday	9:30 a.m.	Bldg. 1517	Chap. Cavanaugh/526-5769
Veterans	Mass	Sunday	8 a.m.	Magrath & Titus	Chap. Cavanaugh/526-5769

Changes in worship services due to the fire at Soldiers Memorial Chapel are denoted in bold type.

### LITURGICAL

Provider	Liturgical	Sunday	10:30 a.m.	Barkeley & Ellis	Chap. Brock/526-1473
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### PROTESTANT

Healer	Protestant	Sunday	9 a.m.	Evans Army Hospital	Chap. Tarvin/526-7387
Prussman	Prot/Samoan	Sunday	8 a.m.	Barkeley & Ellis	Chap. Hamrick/526-4206
Provider	Sun. School	Sunday	10:15 a.m.	Barkeley & Ellis	Chap. Duvall/526-4416
Provider	Protestant	Sunday	9 a.m.	Barkeley & Ellis	Chap. Stephen/526-4416
Prussman	Sun. School	Sunday	9:30 a.m.	Barkeley & Prussman	Chap. Giles/526-4206
Prussman	Prot/Gospel	Sunday	11 a.m.	Barkeley & Prussman	Chap. Giles/526-4206
Soldiers	Sun. School	Sunday	9:30 a.m.	Nelson & Martinez Dr.	Scheck/526-5626
McMahon	Protestant	Sunday	11 a.m.	Bldg. 1517	Chap. Cooper/526-8011
Veterans	Protestant	Sunday	9:30 a.m.	Magrath & Titus	Chap. J. Hartranft/524-1822
Veterans	Protestant	Sunday	11 a.m.	Magrath & Titus	Chap. Simo/526-8890

For additional information contact the Installation Chaplain's Office, Bldg. 6227, at 526-5209. For information and a schedule of Jewish Sabbath services, call the U.S. Air Force Academy Cadet Chapel at 333-2636. Normally, free child care is available for infants and preschool age children during on-post worship services. Some worship services offer a children's church for ages 6 to 12.

## Daily Bible Readings

In order to assist in regular scripture reading, the following scriptures are recommended. These are part of the common daily lectionary which is designed to present the entire Bible over a three-year cycle.

- Saturday, Psalms 89 & Proverbs 1-3
- Sunday, Psalms 90 & Proverbs 4-7
- Monday, Psalms 91 & Proverbs 8-10
- Tuesday, Psalms 92 & Proverbs 11-13
- Wednesday, Psalms 93 & Proverbs 14-16
- Thursday, Psalms 94 & Proverbs 17-19

Chaplain s Corner

Commentary  
by Joyce Simo  
Family member

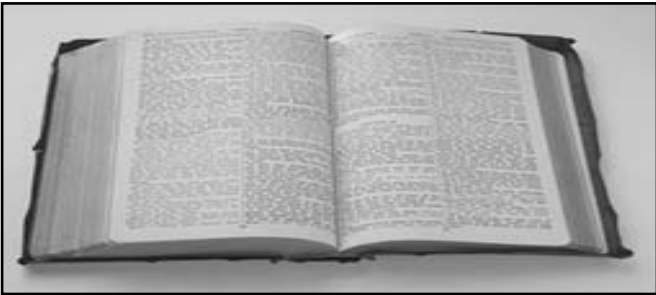
A chaplain friend of my husband, Chap. (Maj.) Warner Simo, 3rd Armored Cavalry Regiment, was discussing recent promotions. He was passed over, he said of an acquaintance. I was surprised. I thought he was a pretty good chaplain.

I was surprised, too that one who ought to know the mind of God was reasoning with all the corrupted wisdom of a world ank, self-important and mindless of its creator.

All military fold come to know in time ...the race is not to the swift, or the battle to the strong but time and chance happen to them all. (Ecclesiastes 9:11)

Good and wise people are passed over and fools and cowards are sometimes promoted. Often rewards are just. Often they are not.

Yet, in the impersonal selection system of the universe there is something more than time and chance, a God who cares, who



redeems our failures and, for his own reasons, both lifts us up and brings us down.

Job, a good man who suffered much, said, He carries out his decree against me when I think of all this, I fear him .... (Job 23: 14-15)

I fear him, too. No one from the east or west ... can exalt a man. But it is God ... he brings one down, he exalts another. (Psalms 75: 6-7)

Trust him!

But don t assume that trusting God will set you up. Remember the evil Pharaoh who abused God s people? To him, God said, I raised you up for this very purpose ... that my name might be proclaimed .... (Romans 9: 17)

This setting up, obviously, is not proof positive of his approval, nor is his putting down, necessarily, a sign of disfavor. It is evidence that trust may be linked to the knowledge that being God, he can do with us as he sees fit.

What then seemed fitting to God concerning his own son, Jesus Christ?

Consider him that endured such contradiction of sinners against himself, lest ye be wearied and faint in your minds. (Hebrews 12: 3) Even he got the shaft from evil men and his father kept silent.

When I forget to consider him, the weariness sets in. Feeling sorry for myself, I forget his sovereign control and pridefully fear that I alone am responsible for my life.

Many are privately obsessed with self-improvement, self-fulfillment and self-gratification. May God deliver us from all of these things and help us humbly consider the matter of time and chance. May we acknowledge the larger than me plan of God, his part in promotion and the necessity of trust in him to

Where and When

Directorate of Community Activities  
facilities

Physical fitness centers/swimming pools  
Garcia PFC  
M-F 6:30 a.m.-10 p.m./weekends and holidays 10 a.m.-5 p.m.  
McKibben PFC  
M-F 6:30 a.m.-10 p.m./weekends and holidays 6 a.m.-1 p.m.  
Waller PFC  
M-F 6:30 a.m.-10 p.m./weekends and holidays 3-10 p.m.  
Mountain Post PFC  
M, T, W, F 6:30-9:30 a.m. (Open for after-PT showers only)  
Forrest FC  
M-F 5:30 a.m.-10 p.m./weekends and holidays closed  
Post Field House  
M-F 6:30 a.m.-10 p.m./weekends and holidays closed  
Indoor Swimming Pool  
M-F 6:30 a.m.-9:30 p.m. (lap swimming from 6:30-8:30 a.m./open swimming from noon-10 p.m.)/weekends and holi-  
days, closed  
Outdoor Swimming Pool closes Sept. 8

Miscellaneous

Grant Library, building 1528, ph: 526-2350  
M-Th 11 a.m.-8 p.m./Fri. 11 a.m.-4 p.m./Sat. and Sun. 10 a.m.-6 p.m.  
Multi-Craft/AutoCraft/WoodCraft Centers  
W, Th. and F 1-8:30 p.m./weekends and holidays 9 a.m.-4:30 p.m./Mon. and Tues. closed  
Turkey Creek Recreation Area, ph: 526-3905  
W -F 10 a.m.-3:30 p.m./Sat. and Sun. 10:30 a.m.- 4 p.m./Office hours: W -Sun. 8 a.m.-4:30 p.m.  
Information Tour & Travel, building 1532, ph: 526-5366  
M-F 9 a.m.-6 p.m./Sat. 9 a.m.-1 p.m./closed Sun. and holidays  
Carlson Wagonlit Travel, building 1532, ph: 576-5404  
M, Th, W, F 9 a.m.-6 p.m./Tues. 9 a.m.-5 p.m./weekends and holidays closed  
Outdoor Recreation Complex, building 2429, ph: 526-2083  
M-Sun. 10 a.m.-5:30 p.m./holidays 10 a.m.-4 p.m.  
Pueblo Deli (Elkhorn), building 7300, ph: 576-6646  
M-F 11 a.m.-1:30 p.m./closed weekends and holidays  
Fatz Pool and Darts, building 1129, ph: 526-4693  
T-Th 11:30 a.m.-midnight/F-Sat. 11 a.-2 a.m./Sun. 1 p.m.-mid-  
night/Mon. closed  
Decades Niteclub  
W ed. 5 p.m.-12:30 a.m., Th. 3 p.m.-2 a.m./Fri. 4 p.m.-2 a.m./Sat. 7:30 p.m.-2 a.m./Sun. 4:30 p.m.-12:30 a.m./Mon. & Tues. closed  
The Bowling Center, building 1511, ph: 526-5542  
Sun.-Th. 11 a.m.-11 p.m./Fri & Sat. 11 a.m.-1 a.m.  
Cheyenne Shadows Golf Course, ph: 526-4122  
M-Sun. 6 a.m.-7:30 p.m.  
Youth Center  
M-Th. 3-8 p.m./Fri. 3-9 p.m./Sat. 1-9 p.m. closed Sun. & holi-  
days

Army and Air Force Exchange Service  
facilities

Barber/Beauty Shops  
Ivy Troop Store Barber Shop, building 2355  
M-F 7:30 a.m.-4 p.m./weekends and holidays, closed  
Prussman Troop Store Barber Shop  
M-F 7:30 a.m.-4 p.m./weekends and holidays, closed  
Barber Shop, building 1161  
M-F 7:30 a.m.-4p.m./weekends and holidays closed  
Evans Beauty Shop, building 7500 ph: 540-0462  
M-F 9 a.m.-5 p.m./weekends and holidays closed  
Post HQ Barber Shop, building 1430  
Mon. only 7:30 a.m.-4 p.m. (closed holidays but open next busi-  
ness day)



Higher learning

**Grant Library, building 1528, will be closed Monday in observance of Labor Day. Look under Directorate of Community Activities facilities on this page for hours of operation.**

Welcome Center Barber Shop, building 1218  
Mon. and Th. only 7:30 a.m.-4 p.m.  
Main Store Mall Barber and Beauty Shops, building 6110, ph: 576-6459  
M-Sat. 9 a.m.-7 p.m./Sun. and holidays, 10 a.m.-6 p.m.  
Mini Mall Barber Shop, building 1510, ph: 576-8013  
M-F 7 a.m.-6 p.m./Sat. 8 a.m.-6 p.m./Sun. 10 a.m.-5 p.m.  
closed holidays  
Shoppettes/service stations  
B Street Shopette, building 900  
M-F 5 a.m.-midnight/weekends 6 a.m.-midnight  
Service Station, building 1515  
M-F 6 a.m.-7 p.m./Sat. 8 a.m.-6 p.m./Sun. 10 a.m.-4 p.m.  
Alterations  
Military Clothing Sales Store, building 307, ph: 576-4516  
M-F 9 a.m.-6 p.m./Sat. 9 a.m.-3 p.m./closed Sun. and holidays  
Mini-Mall, building 1510, ph: 576-4304  
M-Sat. 9 a.m.- 6 p.m./Sun. 10 a.m.-5 p.m./closed holidays  
Miscellaneous  
Burger King (Specker), building 1520  
M-F 6 a.m.-9 p.m.(drive thru until 10 p.m.)/Sat. 7 a.m.-9 p.m.

(drive thru until 10 p.m.)/Sun. 8 a.m.-9 p.m.  
Kentucky Fried Chicken, building 1533, ph: 579-8237  
M-Sun. 10:30 a.m.-10 p.m.  
Class 6, building 1524  
M-Sat. 9 a.m.-9 p.m./Sun. 11 a.m.-5 p.m.  
Class 6 Annex, building 3572  
M-Sat. 10 a.m.-7 p.m./closed Sun.  
Laundromat, building 6089  
M-Sun. 7 a.m.-10 p.m.  
Car rental, building 980, ph: 527-4744  
M-F 7:30 a.m.-6 p.m./Sat. 9 a.m.-2 p.m./closed Sun.  
TV Repair/UHaul, building 1008, ph: 579-9344  
M-F 10 a.m.-5:30 p.m./Sat. 8 a.m.-noon/ closed Sun. and holi-  
days  
Sprint Office, ph: 579-7463  
M-F 9 a.m.-6 p.m./Sat. 10 a.m.-2 p.m./closed Sun. and holidays  
Main Store Mall, building 6110  
M-Sat. 9 a.m.-7 p.m./Sun. and holidays 10 a.m.-6 p.m. (Flower Shop, Vitamin Expo, Optical Shop and AT&T Kiosk)  
Main Store Mall Espresso Cart  
M-F 8 a.m.-3 p.m./Sat. and Sun. 8 a.m.-4 p.m./closed holidays



# Military

## Absentee ballots give soldiers, family members voice in elections

by Spc. Jon Parr  
Mountaineer staff

Although Nov. 3, is two months away, soldiers and family members who want to take part in this year's general election through absentee ballots are recommended to register no later than Sept. 15 to 20.

Registering at this time will allow the electoral district of a soldier's state to process the request and forward it back to a soldier before Nov. 3, said Jude Duplessis, who is running the Directorate of Community Activities' campaign office.

It is the Voters' Assistance Program that ensures voters have a chance to vote each year.

"It is a federally mandated program open to all American citizens

currently not in their home area due to being in the military or in a foreign country," he said.

Soldiers might not find the election important because they aren't living at home, but Duplessis said this year's general election decides the governorships, a third of the Senate and the entire House of Representatives. Many local ballot issues are up for vote as well.

"This is a very powerful election," he said. "This election will set the tone for the next two years."

Duplessis also has a reminder for those who decide not to vote.

"Elections are one of the privileged rights and powers of being an American citizen," he said. "Voting differs our country from a lot of oth-

ers. It gives us democracy. While other countries may vote, it doesn't have the impact that it does in America."

This is the reason why he said people can't complain about the government if they didn't vote.

"If you don't exercise your right to vote and say the government messed you over, you can't complain because your vote could have made a difference.

"In John F. Kennedy's book 'Profile of Courage,' he talks about how President Andrew Johnson missed being impeached by one vote," Duplessis said. "Many elections have been decided by just a few votes."

Being away from home may



cause you to forget about the issues occurring there, but Duplessis wants everyone to know that they can vote and make a difference.

Soldiers and family members can go to their unit voting assistance officer to get all the supplies they need to register for an absentee ballot.



Photos by Spc. Jon

Specialist David Aberts cuts a pipe that will hold wiring as Spc. Paul Sharp holds the pipe steady.

# Engineers constructing many projects; weather no hindrance

## 52nd finishes projects; weather no hindrance

by Pvt. Zach Mott

14th Public Affairs Detachment

Getting a leg up on Colorado's weather is no easy task. However, soldiers of the 52nd Engineer Battalion have been able to beat the weather—rain, hail, heat and all; and have finished a number of projects to help enhance Fort Carson.

During the past month soldiers from the 52nd Eng. Bn. have built a pavilion at Cheyenne Shadows Golf Course, rebuilt Range 109, extended the Fitness Trail at Titus Boulevard, and built a sidewalk leading to a bridge connecting the Main Post Exchange parking lot to the old main PX.

The engineers are currently completing several projects and waiting for equipment to be available to start another. The projects near completion are an access to the route 7 to 11 bypass and a timber trestle bridge for the Titus Boulevard fitness trail. One project awaiting ground breaking is an upgrade to the Fitness Trail at

Cheyenne Shadows.

The biggest problem we have had to face was the weather, it was either too hot, or it was raining, said Staff Sgt. John Schnebelen, Company A, 52nd Eng. Bn., construction supervisor.

Schnebelen's crew recently completed the pavilion at the post golf course in the thirty days they were given to complete the project. This pavilion will be used for awards presentations after tournaments played at the golf course.

We made outstanding time, given the conditions we had to work with, he said.

The next project for Schnebelen's team is for the 43rd Area Support Group. They will be building a hexagon shaped pavilion, a basketball court, two horse-shoe pits and a volleyball court.

There are many projects on Fort Carson that can be tasked out to outside contractors, but, when there are soldiers available to complete these projects, they are used. This saves the post money that



A group of soldiers work together to put the finishing touches on the com





Private First Class Michael Moore uses a pick axe to break up cement around the pavillion the engineers built at the golf course.



Piping is screwed to a building to hold electrical wiring.

# projects on post



Completed pavillion at the golf course.



Private First Class Michael Moore sweeps residue off cement that was laid inside the pavilion at the golf course.



\$how me the money



Thompson

by Master Sgt. Kent Thompson

The following story is not intended to be a lesson for all people; it is, however, a true story that may assist people with a high degree of financial discipline.

If you are one of those people who have a lot of credit card debt, you can pay it down much faster and save on interest charges. How? By using your head and the schemes card companies use, you can eliminate your credit card debt. It takes a lot of patience, hard work, and the ability to resist buying anything with your credit cards.

Credit card switching, continually moving your balance to the lowest introductory interest rate credit card, can be a very dangerous game. It is not for the weak at heart, or the “gotta have it now” person. You have to have a lot of discipline to follow the rules, or you will end up much worse off than you may be now.

One day I found myself about \$25,000 in debt (not counting my mortgage) and not a dime in a savings account. After taking stock in my situation,

I canceled all my credit cards.

Next, I applied for one of the many “low introductory rate” cards that were constantly being mailed to my house. I immediately rolled as much of my current debt as possible on to that new card. Now instead of paying 15 to 21 percent interest, I was paying 5.9 percent interest. I then applied to several more with that reasoning in mind.

Once all \$25,000 worth of debt was covered, I began making payments at least 10 percent over the minimum charge of each card. If a credit card wanted \$125 as the minimum, I gave them \$140.

About every three months I would catch a break as a new credit card would assume the balance of an old card via transfer. For example, when one card’s intro rate was about to expire, I got a new card and transferred the balance from my old card to the new one. I paid nothing that month. Be careful with this though, the interest is still accruing. If you can, pay both the old card and the new card.

With as many military-friendly businesses as there are in this town, you may want to get a second job to help out with this. I did.

The most important rule of this game is to keep accurate records. Once the “low introductory rate” runs out (or maybe just a week or two before it runs

out), you apply for another “low introductory rate” card. Roll the entire credit limit amount into the new card immediately. Then, call or write the old card and cancel it. Make sure the order to cancel the old card takes place after the transaction is complete. Be sure to insist that they send you a confirmation letter stating that it was canceled at your request.

Record keeping becomes very critical. In the last four years, I obtained more than 35 credit cards. Many of these cards came from the same company, with the same name, logo, colors, etc. The only difference was the account number.

The next most important rule is: Don’t buy anything with these new credit cards. If you even buy a tank of gas or a small present for someone, you have defeated the purpose. Remember the idea is to get rid of all credit card debt.

This is not the only way to buy down credit card debt, but it is an effective way provided you can control your spending habits and keep up with all the cards.

For help in eliminating or avoiding your debt, contact your unit command financial noncommissioned officer for help, that is what we are here for.

Dining Schedule

Week of Saturday to Sept. 10

Weekday Dining Facilities			
3rd ACR Patton House (building 2161) 3rd ACR CAV House (building 2461) 3rd BCT Iron Brigade (building 2061) 3rd BCT Mountaineer Inn (building 1369) 43rd ASG Cheyenne MTN Inn (building 1040) 10th Special Forces Group (building 7481) Butts Army Airfield (building 9612)			
Standard Meal Hours			
Mon., Tue., Wed. and Fri.	Thurs.		
Breakfast	7:30 to 9 a.m.	5:30 to 7 a.m.	
Lunch	11:30 a.m. to 1 p.m.	12 to 1:30 p.m.	
Dinner	5 to 6:30 p.m.	4 to 5:30 p.m.	

Exceptions
<ul style="list-style-type: none"><li>10th Special Forces Group meal hours are the same Monday to Friday, but do not apply on Thursdays. No dinner meal services on Fridays.</li><li>Butts Army Airfield is open for breakfast and lunch only.</li><li>Weekend facilities are open for Labor Day weekend, today through Monday.</li><li>Cav House closed Sept. 11 through Nov. 2.</li></ul>

Weekend Dining Facilities/ Meal Hours	
3rd ACR CAV House (building 2461) 43rd ASG Cheyenne Mountain (building 1040) 3rd BCT Iron Bde. (building 2061)	
Standard meal hours	
Brunch	9 a.m. to noon
Supper	3:30 to 6 p.m.
Family members are welcome for the brunch meal on Sunday.	

# Sports & Leisure

## Tiger Squadron up to the 'challenge'

by Walt Johnson  
Mountaineer staff

The U.S. Army Medical Department Activity unit sponsored the "MEDDAC Challenge," a 50-mile relay race at Evans Army Community Hospital here Saturday that participating soldiers found to be fun, exhilarating and competitive.

The run was designed to promote wellness and physical fitness for soldiers, according to Capt. Kim Johanek, commander USAMED-DAC, and judging by the fun and exercise the soldiers seemed to be having, it achieved its goal.

Among those running the race were Maj. Gen. John M. Riggs, commanding general, Col. Mike Kazmierski, garrison commander and Post Command Sgt. Maj. George Ponder.

The overall winner of the challenge was the 1st Squadron, 3rd Armored Cavalry Regiment. Prior to the race, Johanek said she hoped teams would do "only what they are physically capable of doing. We don't want runners taking on more of an obligation during the race than they can handle. We hope runners won't take on more than they can do while still letting it be a challenge to them." According to Jason Gresh, the ACR unit used a unique method to win the challenge and heed Johanek's words of wisdom.

"We won this race with hard running and hard work and some good strategy that we set up. We set up the race so we would all run in two, two and a half mile increments, and that was the key to our success. Most of

the soldiers in the 3rd ACR are suited to the two-mile run because that is what we do for our PT (physical training) test, so we figured it would be best to do it this way."

"We enjoyed the race because it was competitive and it kept your interest, especially the way we did it. Everyone was really in to the competition and that is what made this real cool," Gresh said.

Johanek was extremely pleased with the race both before, during and after the festivities. She cited the evening before the race as the vehicle that got the challenge off to a good start.

"We had an overwhelming turnout for the pasta feed (Friday night) and we had a number of sponsors who donated food such as spaghetti, salad and French bread. We had a good turnout and a lot of teams signed up for the race. We signed up 18 teams and we were really happy about that," Johanek said.

Johanek said the runners participating in the event liked the 50-mile course layout. "We haven't had any problems with people running the course. I think the people like the course because it's challenging even though there is a hill at the end of the course which is kind of a butt kicker, but for the most part they enjoy the course. The morale here has been outstanding. A lot of the teams have stayed around to cheer for the other teams so I'm really pleased with the entire event."

One runner, Archie Bates, agreed with Johanek about the fun and



Photos by Walt Johnson

**Members of the overall first place team from the Tiger Squadron bottom right to left: Kevin Dorris; Jason Gresh; Jayson Bass and Chris Church. Top row left to right: Mike Garcia; Chuck Lombardo; Joel Armstrong; Oswald Simon and Christopher Cox.**

camaraderie of the event, but he had an entirely different view of the hill at the end of the race and the effect it had on the runners.

"This was a really good race and I enjoyed the course with the exception of the hill at the end. That hill is no joke, it turns a man into a boy. You see a man leave at the starting point and when he hits that hill it sounds like a small boy coming back, the way it can make you whimper."

Among the many interested observers at the challenge was Col. Eric Schoomaker, commander, EACH. He said it was the first time

the race was run but he enjoyed what he saw and envisioned more such races in the future.

"The race has been a great success for us. We conceived of this as a shakedown year, to see if we could do this. I think the receptivity of the garrison's and the general's enthusiasm for this, including running on a team himself, to the quality of the teams and the support of my soldiers that came out, led to this being such a success. I don't think you can find a better location or have a better set up for a race of this kind that promotes

**See MEDDAC Page 22**



On the Bench

10th CSH wins world military intramural championship



by Walt Johnson  
Mountaineer Staff  
***The 10th Combat Support Hospital softball*** team won the world military softball championship Aug. 23rd in Texas.  
In next week’s edition we will have an article detailing their championship.

**The best rugby players in the military community will meet at Fort Carson Thursday to Sept. 12 at Pershing Field to decide the** 1998 military championship, a competition the Army has dominated over the past four years according to Capt. Moises Guterrez, rugby coach.

The round-robin tournament between the Army, Navy, Air Force, Marines and Coast Guard begins with five games Thursday and five games Sept. 11. The two teams with the best record will meet for the championship Sept. 12, with the teams with the next best records meeting for third place. A feature of this tournament is a women’s match at noon Sept. 12. See Page B 5 for a complete listing of the games for the rugby championships

**The 1998 Fort Carson women’s varsity basketball team is currently holding tryouts.**

Anyone wishing further information on the tryouts can contact Marcia Olivares at 526-7145 or 7155.

**The Fort Carson men’s basketball team will begin play in November.**

Tryouts have been taking place but will now be suspended for a National Training Center, Fort Irwin, Calif., rotation and will resume Oct. 28. For more information contact Don Pitts 526-1592.

**The post soccer team is getting ready to kick off its 1998-99 season in just a few weeks, according to coach Ben Stancati.**

According to coach Stancati, some important changes have occurred with the post soccer program. This year the post will have both an “A” team and a “B” team.

Stancati said, so far the experiment of having a “B” team is working well which should do wonders for the post soccer team’s future, since it can develop players on the B team prior to them becoming members of the A team. This should make the post team more competitive in the future.

“Due to the number of soldiers interested in playing soccer for the post team, something other than turning them away had to be done,” Stancati said. “Many of these players were solid players but were not ready for prime time play. Once these players are turned away, very few will hang in there and wait for a slot to open on the post team. With the establishment of the B team, it allows us to develop new players.”

“Most importantly it gives the players a chance and a legitimate hope of making the varsity team,” Stancati said.

The roster for the varsity team is capped at 18 players, but the B team roster will have no limit according to Stancati. He added the B team will be good for the varsity team also.

“We feel having the B team is an excellent concept and will give a push from the bottom to the players on the varsity squad,” he said.

Stancati said another good thing about having a B squad is it will give any soldier “who is committed and interested a solid attempt to tryout and make a post team. Which team the player will play

on will be determined by their attitude, skills and work ethic.”

The B team has begun its season and the varsity team will begin play Sept 13. Stancati said anyone interested in trying out for the teams should come to the practice sessions Tuesday and Thursday at 5:30 p.m. at Pershing Field. For more information, contact Stancati at 574-1020 or 548-1970.

**The World Class Athlete Program Boxing team took on fighters from Fort Hood, Texas** Saturday at the Post Physical Fitness Center with mixed results.

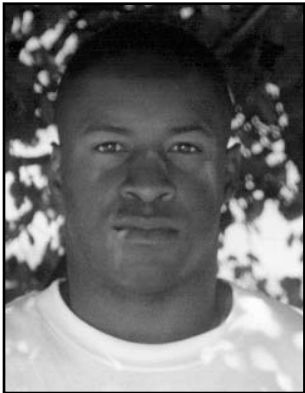
In the first fight, at 132 pounds, Fort Hood’s Marshall Christmas defeated WCAP’s Hong Gu. In the second fight, WCAP’s Julius Fogle knocked out Fort Hood’s Keith Jordan. In the third fight WCAP’s Aljil Booker defeated Fort Hood’s John Harvey.

In fight number four, Deandry Aborn defeated Goodwill Games fighter Stanley McClain; fight number five saw WCAP’s James Webb decision Jonathan Watkins, while, in fight number six, WCAP’s Shaheed Shakir defeated Duane Martin.

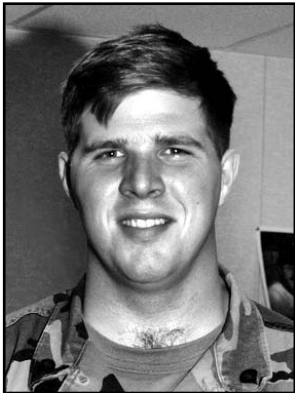
In fight number seven, WCAP’s Alexander Ramos stopped Fort Hood’s Derrick Johnson; in fight eight WCAP’s Chris Lords defeated Michael Green, and, in the final fight Fort Hood’s Danny Garcia defeated WCAP’s Steven Vandewalle.

**Forrest Fitness Center has new operating hours. The center is now open at 5:30 a.m. and closes at 10 p.m.** Also, Forrest FC is still hosting a women’s only day of exercise Saturdays from 10 a.m. to 1 p.m. For more information on the women’s only activities at Forrest contact Martha Reed at 526-7206.

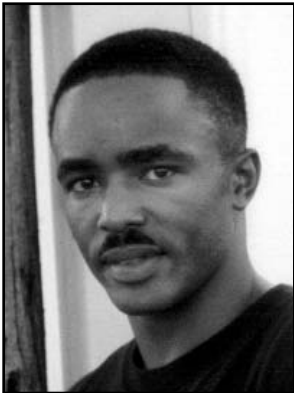
# Pigskin Picks



1st Lt. Archie Bates



Spc. Jon Parr



Sgt. Julius Fogle  
W C A P



Kathy Townsend  
Family Member

Arizona at Dallas

Pittsburgh at Baltimore

Tampa Bay at Minnesota

Washington at NY Giants

Oakland at Kansas City

New England at Denver

Miami at Indianapolis

NY Jets at San Francisco

Seattle at Philadelphia

Dallas

Pittsburgh

Tampa Bay

NY Giants

Kansas City

Denver

Miami

SF 49ers

Seattle

Arizona

Pittsburgh

Minnesota

Washington

Kansas City

Denver

Miami

SF 49ers

Seattle

Arizona

Pittsburgh

Minnesota

NY Giants

Kansas City

Denver

Miami

SF 49ers

Philadelphia

Arizona

Baltimore

Minnesota

NY Giants

Kansas City

Denver

Indianapolis

NY Jets

Philadelphia



# MEDDAC

From Page 19

fitness, community involvement and having a good time.”

The results of the race were:  
**First place overall;** Tiger Squadron; Jason Gresh; Jason Bass; Charles Lombardo; Martin Jullen; Michael Garcia; Christopher Cox; Chris Church; Oswald Simon and Joel Armstong. **Second Place, overall:** MEDDAC Maniacs; Chris Peterson; Craig Web, Mike Place, Tom Berry, Jeff Phillips, Jay Grant, Mike Tarvin, Jeff Friesen and Mark Ewell. **Third place overall,** 10th Special Forces Group: Hoover; Chris Ansell; Bertone; Delatorre; Andrews; Swanson; Doherty; Barnes and Wagner.

**First place military male:** Troy Paisley; Colin Doolan; Mitevski; Brown; Buckner, Aequelis, Washington, Robert Blow; Wiley; Standingbear and Matingley.

**Second Place military male:** Headquarters /Garrison “Mountain Warriors”: Riggs; Randy Tieszen;

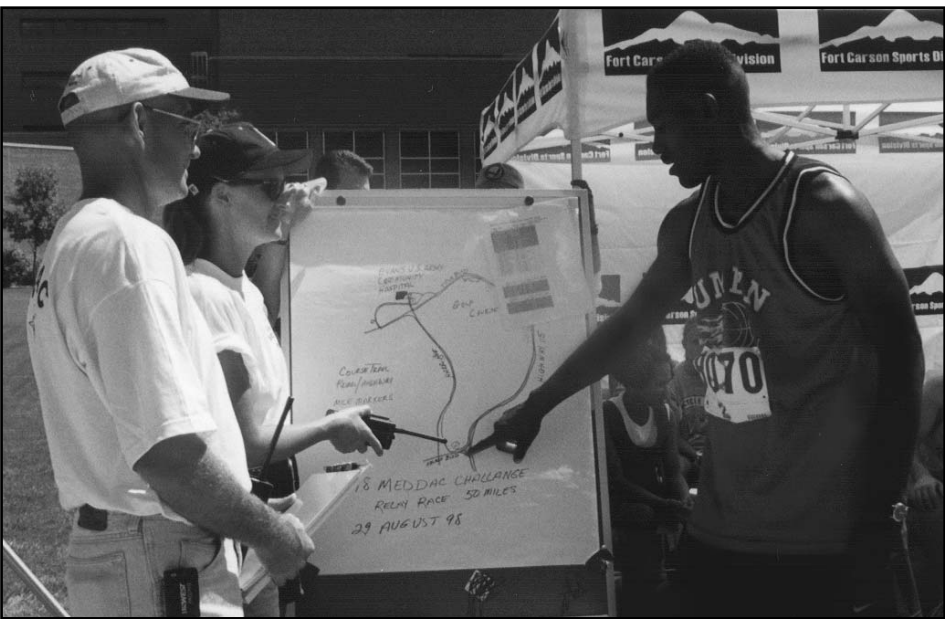
George Deason; J. Chesney; Tim Gauthier, Ponder; Kazmierski; Mike Swanson; Wayne Parks; Greg Julian and Michael Lamke.

**First place military male/female mixed:** 571st Air Evac “Witch Doctors”: Robert Eaton, Larry Douglas; Glenn Johnson; Marshall Bridges; Christine Williams; Michael Hughes, Joseph Ekert, Walter Burnett and Ronald Dean.

**Second place military male/female mixed:** 4th Personnel Support Branch “Road Runners”: Stephanie Hewitt; John Campbell; Bryan Rever; Dotsyln Rhymer; Carlos DeSantiago; Gary Broks and Connie Campbell.

**Third place military male/female mixed:** MEDDAC Maniacs: Sara Knight; Bret Smith, Veronica Oswald, William Benham, Brandy Anderson; Andy Hortillosa, Jane Schillaci; Joseph Short; Shawn Mertens and Scott Conner.

**First place military/civilian male/female mixed:** Correctional Facility-Florence, Colo.: L. Shelton;



**Kim JohaneK and Ty French discuss the layout of the 50-mile run with Roy Washington of Delta Company 1st Battalion, 8th Infantry, Saturday at Evans Army Community Hospital.**

S. Finley. Mike Pugh; L. Givens; D. Gonzales; K. Meir; Kaye Baron; Brian Faoro; Steve Mocaslin and Tim Johnson.

**Second place military/civilian male/female mixed:** MEDDAC Emergency Room “Sweaty Medics”: Carlos Semas; Chris Baysa; Jaime Thomas; Ronald Dean; Thomas

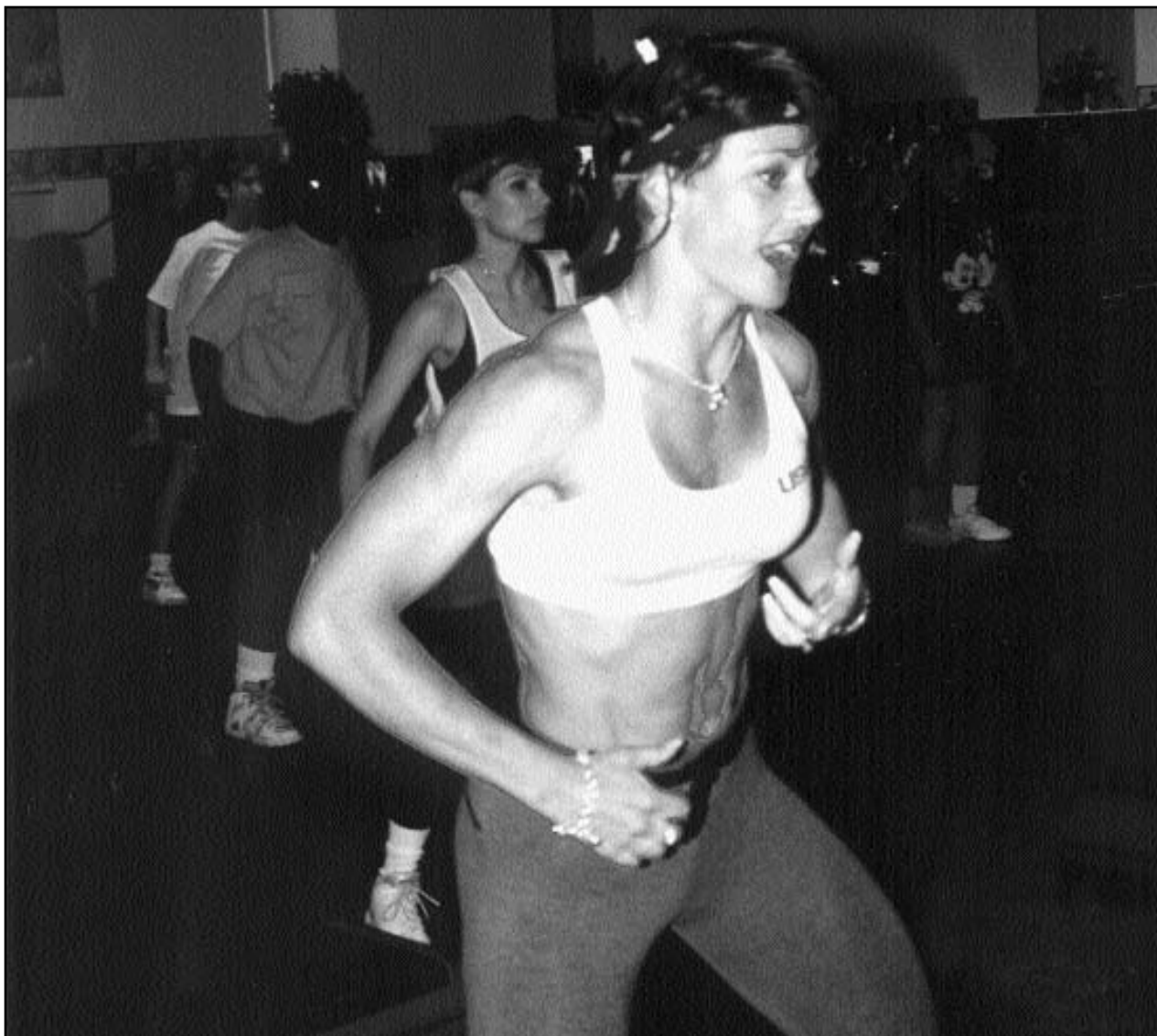
Cofield; Mary Christiansen; Eddie Kautzmann; Todd Thomason and Gail Crane.

**Third place military/civilian male/female mixed:** DPW/Fire Department: Glen Silloway; Mike Orr; Keith Williams; Ty Mather; Randy Chambers; Dan Olson; Adam Bernstein and Traci Gustafsen.

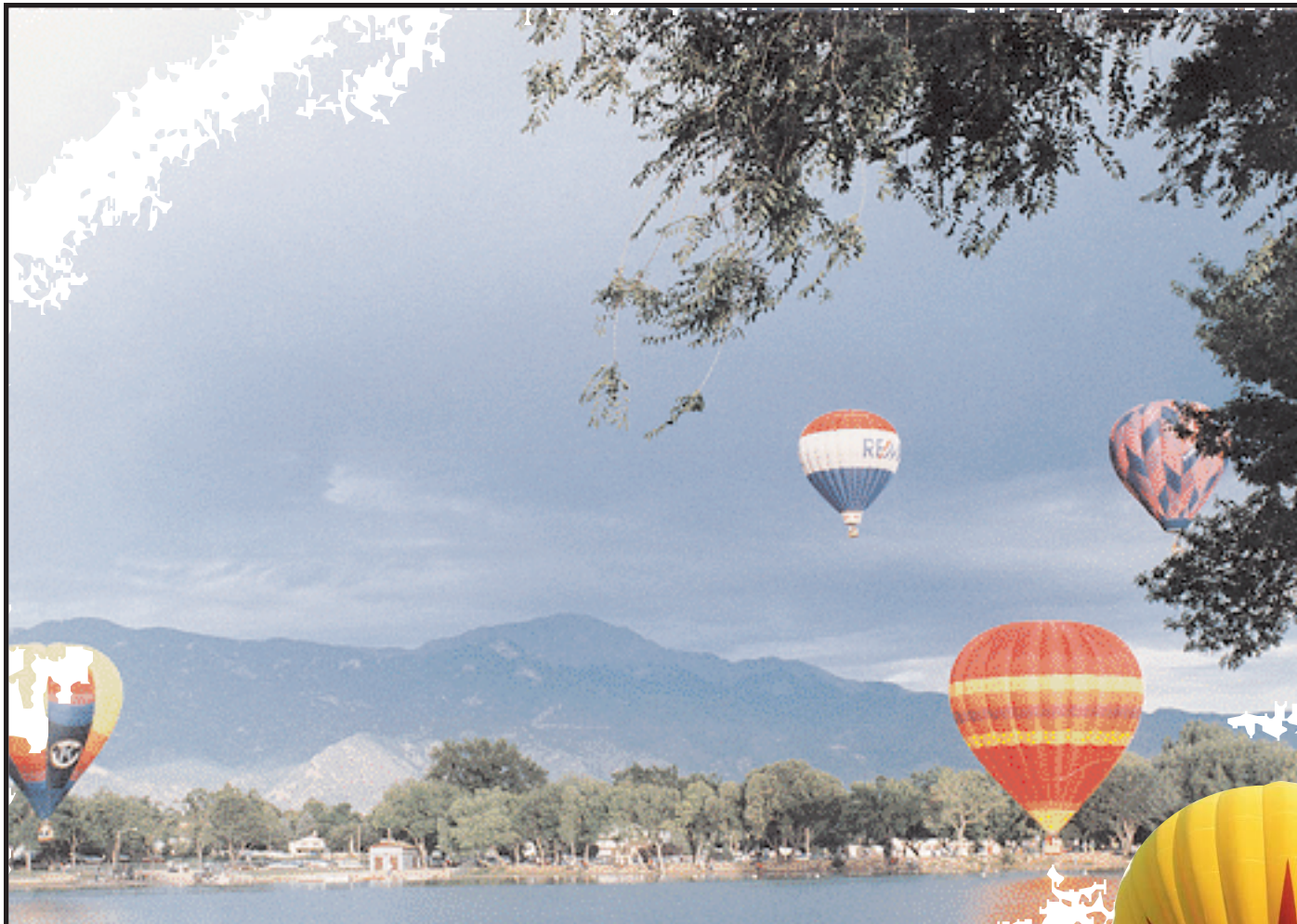
## New aerobics classes at Forrest Fitness Center

photo by Walt Johnson

Christine Schlacter leads the Monday night aerobics class in a work out. The Forrest Fitness Center has hired two new fitness instructors and added more classes. The schedule for aerobic classes at the fitness center is: Monday, Wednesday and Friday with Mary Orange from 5:15 to 6:15 p.m.; Monday and Wednesday from 6:30 to 7:30 p.m. with Schlacter; Tuesday and Thursday from 4:20 to 5:20 p.m. with Elizabeth Casciaro and Tuesday and Thursday from 5:30 to 6:30 p.m. with Inez Horn. Each class cost \$1 per session. For more information on aerobic classes at Forrest Physical Fitness Center, call 526-2706.







Photos by Nel Lampe

Pikes Peak and Memorial Park provide a picturesque background for the classic.

# *Up, up and away*

by Nel Lampe

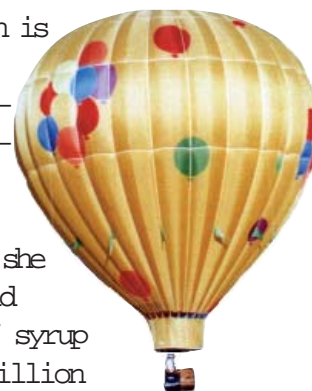
Mountaineer staff  
one of the largest events in  
Colorado Springs takes place at  
Memorial Park on Labor Day  
weekend the annual balloon  
classic. Since the first balloon  
fest in 1976, attended by a few  
thousand early risers, the balloon classic has  
grown to become one of the top five such  
events in the United States, attended by  
150,000 people during the three day-event  
which runs Saturday through Monday.

Held every Labor Day weekend, the balloons are prepared for takeoff in the predawn darkness.

Balloon pilots and crew members come

For the first time, Mrs. Butterworth's 10-story high replica of a breakfast syrup bottle will participate in the classic. Mrs. Butterworth is making the balloon circuit tour to raise awareness of the most important meal of the day breakfast.

Mrs. Butterworth, if she were a real bottle, would hold 560,000 gallons of syrup enough to serve 36 million people. Mrs. Butterworth is sponsoring a country breakfast held each day of the balloon classic. Breakfast will be served from 5:30



**Just the Facts**

Travel time 25 minutes

For ages all

Type hot air balloon launch

Fun factor

(Out of 5 stars)

Wallet damage = free

(Based on a family of four)

\$ = Less than \$20

\$ = \$21 to \$40

\$ = \$41 to \$75

\$ = \$76+

**Balloon**

From Page B1

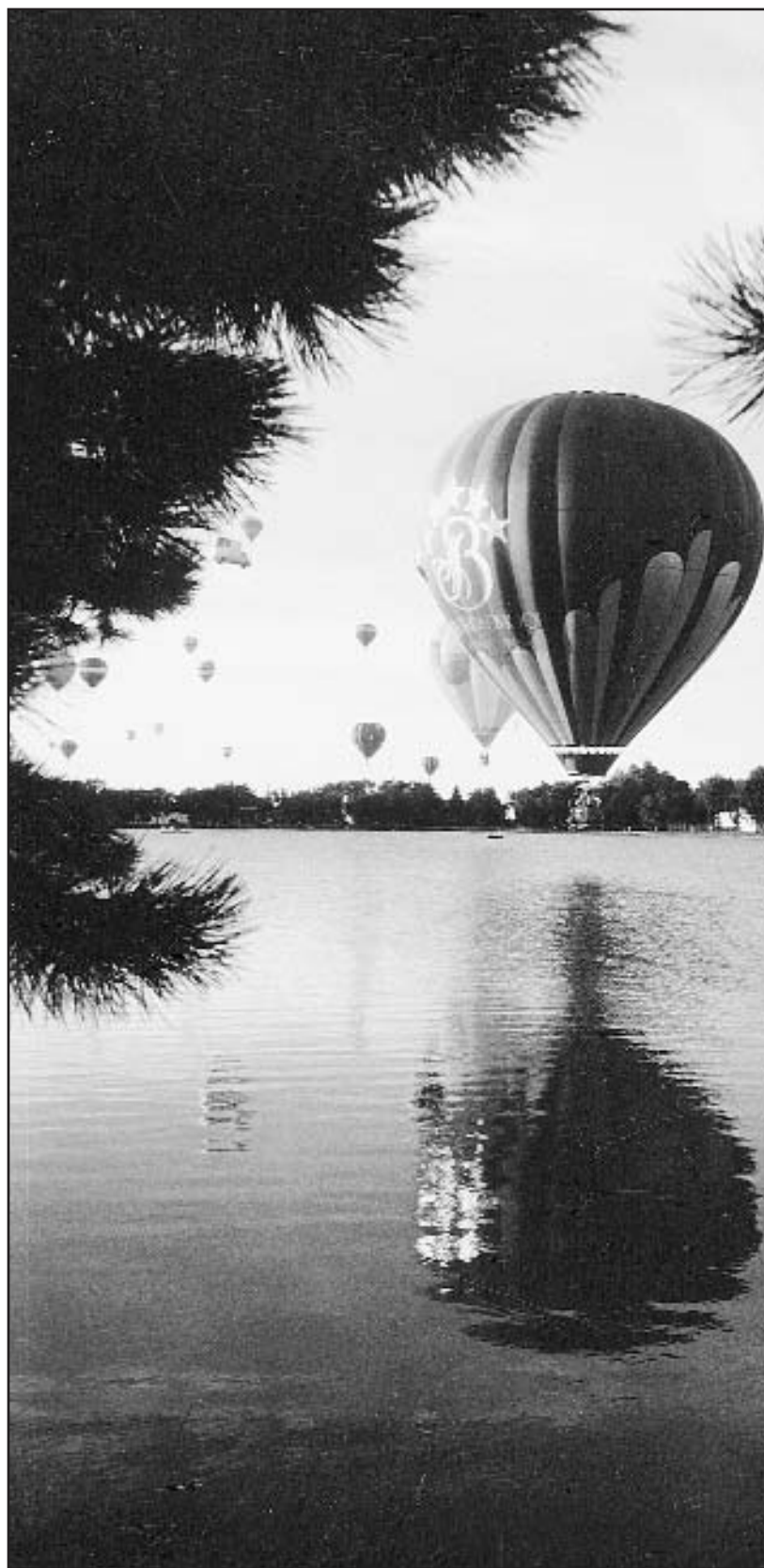
children's hot air balloon contest. Sunday's entertainment also includes a polka club dancing exhibition and square dancing. The square dancing demonstration will also be presented on Monday.

Even if you're having hunger pangs, there's no reason to leave the park. Coffee, doughnuts and other refreshments are available, and there's that country breakfast in the food tent. Enjoy the entertainment, check out the balloon souvenirs, including the official balloon classic T-shirts and sweatshirts. There's even film for sale in the park. Profits from souvenir sales are donated to local nonprofit organizations.

Spectators begin arriving at Memorial Park early in the pre-dawn darkness, with good reason. First, a parking place has to be found, then people trek into the park to watch the balloon crews at work and capture the bright balloons on camera, and maybe have a cup of coffee.

The launch status is announced step-by-step on loud speakers near the launch area, so spectators are able to keep up with what's going on and learn some basic information about ballooning.

Parking is available along the streets surrounding Memorial Park. If you remember the drill for the Independence Day



**Balloons take off from Memorial Park in the early morning**

want to pack your own food and thermos,

The morn



## Community Events ACS

The Family Member Employment Assistance Program offers a Standard Form 171 and Optional Form 612 workshop Wednesday and Oct. 7 from 1 to 3 p.m. These forms are basic federal employment applications.

The workshop provides insight in completing applications and general hints about the most effective ways to describe professional experience.

To register or for more information, call 526-0452.

The Family Member Employment Assistance Program holds resume workshops Wednesday and Sept. 16 and 30 from 1 to 3 p.m. The workshop includes a variety of resume styles.

For registration and information, call 526-0452.

The ACS Food Locker no longer exists. Those who need assistance can contact their unit budget counselors or Command Financial NCO for guidance on where to go downtown for assistance. For more information, call Carolyn Heath at 526-0451, ext.4590.

The Nurturing Program is looking for volunteers. Volunteers receive intensive, professional training Monday and Tuesday 9 a.m. to 4 p.m. Active duty volunteers can receive promotion points, and there is child care reimbursement for volunteers.

The Nurturing Program for age group 0 to 5 begins Sept. 11 and age group 4 to 12 begins Sept. 14. Registration is Wednesday from 9 a.m. to 3 p.m. at the ACS building.

For more information, call 526-4590.

The Puppet Troupe is looking for volunteers to help support its puppet show. Using the nationally known puppets Kids on the Block, volunteers help to deliver this show to area elementary schools. Volunteers will receive free child care.

For more information, call 526-4590.

The Family Advocacy Program is sponsoring a playgroup every Friday morning from 9:30 to 11:30 a.m. at the Spiritual Fitness Center. The group is open to all ages.

For more information, call 526-4590.

Infant Massage Classes begin Tuesday with three other classes Sept. 15, 22 and

## Miscellaneous

29 from 10 a.m. to noon at the Spiritual Fitness Center. The classes are free and teach parents to relax and soothe the babies, etc. The classes are offered to parents with infants ages 10 months and under. Child care for siblings is available. To register, call 526-4590.

The Directorate of Community Activities will hold its annual organizational day on the afternoon of Sept. 17. Minimal staffing will be provided to allow DCA personnel to participate in this event.

### Housing mayors

Apache village: Paddee Muncy

Choctaw village: Deborah Mulliner

Soiux village: Clarence Washington

Cherokee village: vacant

Cheyenne village: vacant

Arapahoe village: vacant

Shoshoni village: Rachel Gomez

All vacant villages are still in need of mayors. If you would like to be considered and live in these villages, contact Nancy

The Fort Carson Equal Opportunity Office is looking for volunteers to assist with the Hispanic Heritage Month cultural event. Meetings are every Thursday from 1 to 2 p.m. at the Post Field House conference room.

For more information, call 526-3385.

The Hispanic Heritage Month Luncheon is Sept. 23 from 11:30 a.m. to 1:30 p.m. at the Elkhorn Conference Center. Guest speaker will be Lionel Rivera, assistant vice president from Merrill Lynch and a Colorado Springs City Council member. For more information, call 526-4413.

Construction to Gate 1, Nelson Boulevard and State Route 115 is ongoing and should be completed in October. Gate 1 will remain closed and traffic will be detoured to Gate 2, O Connell Boulevard, at Highway 115.

The Fort Carson Warrant Officers Association, Silver Chapter is collecting General Mills box tops to raise cash for Fort Carson schools. There will be drop boxes at the Commissary, Post Exchange and all Fort Carson schools throughout the school year. For more information, call 526-8593 or 526-2922.

The Restoration Advisory Board meets Sept. 10 at the Elkhorn Conference Center at 6:30 p.m. Community members are invited to learn about environmental restoration projects at Fort Carson. For more information, call 526-8001.

The Office of Personnel Management is hosting a live interactive satellite broadcast Wednesday from 11 a.m. to 12:30 p.m. at the Mountain Post Training and Education Center. The broadcast will provide information to CSRS employees who are considering switching to FERS. For more information, call Ed Gibbons at 526-2232.

The Fort Carson Army Career and Alumni Program Job Fair is Wednesday from 9 a.m. to 3 p.m. at the Elkhorn Conference Center. Everyone is welcome. For more information, call 526-1002.

Evans Army Community Hospital conducts blood drives daily at building 2455 from 8 to 10 a.m. Everyone is invited to donate blood. If interested in having the Bonfil bloodmobile bus park outside your office for one hour on Tuesday afternoons, call (800) 750-4483.

The March of Dimes hosting a volleyball tournament Sept. 19 and 20 at the Sand Pits Volleybar and Grill near Knart on Powers Boulevard. The tournament is still accepting teams to compete in the tournament. The teams will help provide needed funds to help with the prevention of birth defects and infant mortality. For more information, call 473-9981.

The Young Children and Families, Inc., seeks volunteers to provide service coordination to families that have infants and toddlers with special needs in El Paso County. High school diplomas or equivalent a must.

YCF is looking for foster parents

For more information, call Christine Mahler at 577-9190.

Head Start enrollment is underway for the 1998-99 school year. El Paso county residents with children who are 3 or 4 by Sept. 15 may qualify for a free preschool program.

Classrooms are located at local elementary schools in districts 2, 3, 8, 11, 20, Ellicott and Peyton. Children attend school two days a week, either Monday and Wednesday or Tuesday and Thursday, six hours a day.

Call 635-1536 to make an enrollment appointment.

The U.S. Association of Blind Athletes is seeking 140 host families in Colorado Springs to house cast members of Up With People Thursday to Sept. 14. The group is an international performing arts group with cast members from all over the world.

For more information, call Kim King at 630-0422.

Fitzsimons Army Medical Center holds its homecoming Sept. 12 from 10 a.m. to 4 p.m.

The day-long family event is open to the public. For more information, call (303) 372-9186.

The March of Dimes Association is seeking for volunteers for the Jerry Lewis Labor Day Telethon. Volunteers will help set-up, serve food and answer phones during the telethon.

For more information, call 260-8777.

The Rainbow Kids present their unique style of music and fun today at the Fountain Fall Festival at noon. The festival is at Metcalf Park and is free and open to the public.

The group holds auditions for their first Fort Carson/Colorado Springs television production called, The Life and Times of Kristy Baker. Auditions are Saturday at 7344 Colonial Drive in Fountain, by appointment.



"Better Opportunities for Single Soldiers"

The Boss program holds town hall meetings every quarter at McMahon Theater from 1 to 3 p.m. Single soldiers interested in joining BOSS are invited to attend meetings every second and fourth Thursday of the month.

BOSS is open to all ranks, single parents and single Air Force personnel working at Fort Carson.

For more information, call Spc. Mindy

Military Briefs

The Central Issue Facility closes every Thursday at 11:30 a.m. and, beginning Tuesday, every day from 11 to 11:30 a.m. The CIF closes Friday for 100-percent inventory and Monday in observance of Labor Day. Normal business hours resume Sept. 8. For more information, call 526-6477.

Accident Avoidance Training will be conducted from 8 a.m. to noon Wednesday and Thursday at McMahon Theater. Attendees must sign in under their respective directorates and be seated by 8 a.m. The training is mandatory for all military and civilian vehicle drivers not assigned to tactical units. Drivers must attend one of the sessions.

The 4th Finance Battalion is now receiving and reviewing all travel vouchers. Soldiers can turn their vouchers in to their Personnel Administration Center or bring them directly to the customer service counter in building 1220. People should no longer submit travel vouchers to the Directorate of Resource Management.

For more information, call 524-1125.

Applications are now being accepted for the Judge Advocate General's Funded Legal Education Program. This program allows the selection of 15 Army officers to

The Fort Carson Criminal Investigation Command has begun full operation of its Fraud, Waste and Abuse Hotline. The hotline allows members of the community to report incidents of suspected fraud, waste and abuse.

To report suspected cases of fraud against the government, call the hotline at 524-1120. Callers can remain anonymous and all information is confidential. Callers must, however, leave enough information

attend law school at government expense while on active duty. Candidates must have at least two, but no more than six years of active duty at the time law school commences.

Eligible officers interested in applying should register for the fall Law School Admission Test. Applications must be sent through the candidates chain of command and be received by their branch no later than Nov. 1.

For more information, call 526-1441.

All file areas are to submit their list of file numbers for approval by Nov. 3. LFN's must be submitted on Forces Command Form 350-R, List of File Numbers, dated Oct. 1, 1989 to the Directorate of Installation Management, management services branch, records management.

For more information, call 526-2107.

Sand Canyon Road is closed for construction until Sept. 30. Units traveling down-range must use alternate routes.

An Army ROTC Green to Gold brief is scheduled every Tuesday at the education center, in room 203C at 11:30 a.m.

For more information, call 262-3611.

The Commanding General's Newcomers Expo and Briefing is Sept. 8, from 1 to 3:15 p.m. at the Elkhorn Conference Center. This briefing is mandatory for all newly assigned soldiers and officers at Fort Carson.

For more information, call 526-0428.

An additional class for all A & R officer/NCO representatives is scheduled for Sept. 16 at Garcia Physical Fitness Center from 1 to 2 p.m. Representatives who attended the Aug. 5 class don't need to attend.

Long lost shipmates of the USS Gatling (DD-671) are wanted for a reunion held Oct. 1 to 3, in Kansas City, Mo. Interested crew members should contact Gene Woodward at (757) 340-1496.

Dick Crampton, deputy director of the Officer Placement Service for the Retired Officers Association is speaking to officers,

Center.

The Pride Soccer Club of Colorado Springs is looking for boys, born between Aug. 1, 1985 and July 31, 1986, to play on one of their competitive soccer teams for the upcoming fall and spring seasons.

This is a great opportunity for young men to play competitive level soccer here. The Pride plays in the Colorado State Youth Soccer Association. The games are usually played each Saturday once the season begins. The season consists of 10 games. Five games are at home and five games are away, usually in the Denver area.

The fall season is scheduled to run through Oct 31. The spring season will begin sometime in March.

Cost for participation is \$110 per person. Anyone interested in further information can contact Bob Kimsey at 535-6754 at work, or 594-0787 at home. For more information on other soccer playing opportunities for boys and girls call 597-6700.

The best rugby players in the military community will meet at Fort Carson Thursday to Sept. 12 at Pershing Field to decide the 1998 military championship, a competition the Army has dominated over the past four years according to Capt. Moises Guterrez, rugby coach.

The round robin tournament between the Army, Navy, Air Force, Marines and Coast

Fort Carson's Criminal Investigation Command announces a \$5,000 cash reward was paid for information that led to the identification, apprehension and conviction of the perpetrator concerning recent vandalism and arson of the Soldiers Memorial Chapel.

CID announces the following rewards.

A \$25,000 reward for information leading to the identification, apprehension and conviction of the perpetrator(s) concerning the death of Pfc. Jason Chafin.

A \$500 reward for information leading to the identification, apprehension and conviction of the perpetrator(s) involved in a larceny of a Don Stivers numbered print (number unknown) titled The BRAVE RIFLES in World War II, Task Force Polk Patrols the Saar, at building 2460, 3rd Armored Cavalry Regiment, between April 21 and 22. The print was signed by Gen. Polk, double matted and framed in a rustic cherry frame. The perpetrator(s) also stole a 3rd ACR poster titled 3rd U.S. Cavalry, 1846 signed by Command Sgt. Maj. Steiner and Col. Dempsey.

A \$500 reward for information leading to the identification, apprehension and conviction of the perpetrator(s) involved in a larceny of two automotive work tables from building 580, Pueblo Army Chemical Depot, between Feb. 19 and Oct 2, 1997.

A \$600 reward for information leading to the identification, apprehension and conviction of the perpetrator(s) involved in a larceny of electronic and computer equipment from Garcia Physical Fitness Center between 10:15 p.m. Oct. 31, and 9:15 a.m. Nov. 1, 1997.

A \$500 reward for information leading to the identification, apprehension and conviction of the perpetrator(s) involved in a larceny of government property (battle dress uniforms, field jackets, fax machine and a microwave oven) from the Alterations Shop Nov. 24, 1997.

If you have information on any of the above cases, please contact special agent

Sports & Leisure Athletics

The Colorado Avalanche will play its Burgundy/White game Sept. 15 at the Colorado Springs World Arena at 6:30 p.m.

The Colorado Springs World Arena now has tickets for the Avalanche Burgundy/White game on sale.

Two of the premier players for the Avalanche and in the National Hockey League, Joe Sakic and Peter Forsberg, will face-off Sept. 15.

The game will also feature the top-40 players at the Avalanche training camp, which includes Patrick Roy and other members of the 1997-98 team.

Ticket prices will be \$15 for lower bowl reserved seats and \$10 for upper bowl, general admission.

Tickets can be purchased at the Information Tour and Travel office here and at the Air Force Academy; the Colorado Springs World Arena box office by calling by calling 576-2626; at the Citadel Mall, Independent Records and Video; Colorado Music Hall; and the Pueblo Convention

Guard begins Thursday and runs to Sept. 12 with five games Thursday and five games Sept. 11.

The schedule for games Thursday are: 9 a.m. Navy vs. Coast Guard; 11 a.m. Army vs. Marine Corps; 1 p.m. Navy vs. Air Force; 3 p.m. Coast Guard vs. Army and 5 p.m. Marine Corps vs. Air Force.

The schedule for games for Sept 11 will be: 9 a.m. Navy vs. Marine Corps; 11 a.m. Coast Guard vs. Air Force; 1 p.m. Navy vs. Army; 3 p.m. Coast Guard vs. Marine Corps and 5 p.m. Army vs. Air Force.

On Sept 12 the consolations championship will be played at 10 a.m.; a special women's match will be played at noon and the championship game will be played at 2 p.m. featuring the teams with the best record after the round robin matches are played on Thursday and Sept. 11. All games will be played at Pershing Field, near the indoor swimming pool, on post. For more information call 524-1783.

The Fort Carson Sports Division has three teams running in the annual Army 10-mile race.

The post will send four six-person teams, men, women, masters and co-ed, to Washington D.C. Oct. 11 to help the post defend the Commander's Cup trophy won last year.

After selecting the team, practices will





Photo by Pvt. Zach Mott

**Leann Rimes, along with Bryan White, performed to a sellout crowd Saturday at the Colorado State Fair.**

**Care and Share concert**

Like music? Bancroft Park Saturday is the place to be. Starting at 11 a.m. the park, located in the heart of Old Colorado City, is the site for a Care and Share food drive concert. The only entrance fee is donations of canned, non perishable foods. Featured bands are Rikki Dee Hall; Nikki Spears; Evies Edge; Leaving the Trees; Flat Stanley; Offering 74; Bud Grover Railroad; Brother Kind; the Benders; Common Ground; R.C. Allen; and Egamufin.

**Get Out!**

**Arts and crafts fair**

The Commonwheel Artists Co-op sponsors its 24th annual Labor Day Arts and Crafts Festival at Memorial Park in Manitou Springs. Saturday through Monday, from 10 a.m. to 6 p.m., music, food and arts and crafts will fill the park. Parking is on the streets near the park. Take I-25 to the Cimarron exit, then turn left toward Manitou, turning right at 31st street, going to Colorado Avenue, and still heading west until you reach Manitou.

**Air Force Academy football**

Now's the time to buy a season ticket for the live, college football at the Air Force Academy. Just 45 minutes up I-25, the Air Force Academy plays football with some of the best. Six home games, with Wake Forest Saturday; Sept. 17, Colorado State; Oct. 3, New Mexico; Oct. 10 Navy; Oct. 31, SMU, and Nov. 21, Rice, are \$105 for the general public. There are other ticket plans/prices available, including family plan and end zone seats. Information, Tour and Travel has general admission tickets for \$9. A special package for three home games is available for \$56. Call 472-1895 for ticket information. Individual reserve seat tickets are also for sale for \$20 per game, except the Navy game is \$22. Home games always include a march-on the cadet wing; mascots; and airplane flybys.

**State Fair**

Labor Day Weekend is the last time to visit the Colorado State Fair this year. There's still plenty of

attractions this weekend which is Fiesta Weekend. The final evening of PRCA Rodeo (\$2.50) is Saturday, a free Charreada Rodeo is Sunday at 5 p.m.

**Still time to swim**

Although most pools close after Labor Day, the city parks department operates two year-round facilities. The Aquatic & Fitness Center in Memorial Park (270 S. Union Blvd.) is closed through Sept. 13 for maintenance, but will be open after that. The Rampart Recreation Center, 8250 Lexington Drive, is open all year. In cooperation with School District 20, the facility is open to the community during weekends and after school hours. Fort Carson's outdoor pool closes its doors for the season at the end of the day Monday. Hours Saturday and Sunday are 11 a.m. until 8 p.m. On Labor Day, hours are 11 a.m. until 6 p.m.

**Fine Arts Center**

Saturdays are "free admission" for all visitors, 10 a.m. until 5 p.m. The FFAC's classic film series, 7:30 p.m., includes "Brigadoon," with Gene Kelly Tuesday, and "Lil Abner" Sept. 15. Admission is \$2.75. "Switzerland" is the travel film shown Sept. 13 and 14 at 2 p.m. Tickets are \$5.

**Marionette show**

See David Simpich's Marionettes in "The Pilgrim's Progress" Sept. 11 at 7 p.m., at the Fellowship of the Rockies, 1625 S. 8th St. Admission is free. Child care will be provided for babies and preschoolers. Organizers do not recommend the program for young children. Simpich is from the Simpich Doll company in Old Colorado City. Call, 633-4659 for information.

Musician no longer wishing on “Someone Else’s Star

by Spc. Jon Parr  
Mountaineer staff

Millions of dollars, numerous awards and fame could change a person forever, but Country music star Bryan White is one person who sets the standard for class. With his boyish looks, slight Oklahoma accent and youthful exuberance, the 24-year-old star is looking to stay on top of the country music scene for a long time.

His dark brown hair and hazel green eyes blend together with a childlike face to form an All-American look that earned him recognition by people magazine as one of the 50 Most Beautiful People in the World.

Although his looks have him on numerous magazines, it's his singing ability that has him striking the country music charts over and over again.

Someone Else's Star kicked off White's singing success when it hit the top spot on the charts in September 1995. Singles Rebecca Lynn, I'm Not Supposed To Love You Anymore and So Much For Pretending all hit number one within the next year.

Recognized easily by fans, White will soon need to add an award room to his house in Nashville, Tenn. Already a winner of 10 major awards, White looks destined to win more this year.

He has been recognized many times, but the award that best describes the type of person he is, is his 1997 Entertainment Radio Networks Humanitarian Award. In September 1996, he was the featured male country artist on the For Our Children Too project, with the proceeds benefiting the Pediatric AIDS Foundation. He also participated in benefits for Country Music Cares, the T.J. Martell Foundation, Parade of Pennies, the Cystic Fibrosis

Telethon and Vince Gill's annual celebrity basketball game.

His participation in these events show White is a warm-hearted person, but they only give a glimpse as to what kind of person he is. Friendly, outgoing, laid back, appreciative and a go-getter are all traits that make him a great musician and person.

At the age of 5, White was playing the drums, and, before he was 7, he played in clubs on occasion. From there, he picked up the guitar and started singing.

He doesn't carry the usual country music twang, but his talents drew interest Nashville. A short time later Bryan White the album was released and his career took off. When Someone Else's Star hit number one, he became a household name and his dreams of making it big became a reality.

That record was out for 18 weeks before it went to number one, he said. It really showed me things do get better than where there at now. It opened doors that I didn't know would open.

All the doors busted open when Rebecca Lynn followed Someone Else's Star to the top spot and White's schedule became a workload.

At that point, I said to myself am I physically and mentally ready for this (stardom), he said. It made me a more well-rounded person and I'm very thankful.

Well-rounded indeed, between concerts, recordings for his next CD, due out in February and meeting members of his fan club after each performance, he has little time for himself.

Frequently he puts himself after the fans, but another dream came true for White when he toured with fellow musician and idol Vince Gill.

Touring with Vince was great, he said. He's had such a big influ-

ence on my career. Vince and Steve Wariner have had more impact on my career than anybody.

The still-rising star is currently touring with one of the nation's biggest draws, LeAnn Rimes. Both stars could tour with great success independently, but by bringing their talents and youth together, the Something To Talk About tour has been an experience White has enjoyed.

The tour is winding down, he said. It ends Sept. 20, but it has been a great time for both of us. We have had a lot of fun together.

Bryan never imagined he would be so lucky in life. His love and passion for music have him on cloud nine and his dreams frequently become realities each day. However, in his business there are no guarantees for the future.

Although tomorrow may never come, the optimistic White always encourages his fans to go for their dreams.

If you don't believe your dreams can come true, I'm proof they do, he said. I never dreamed of making it this far, so



Photo by Spc. Jon Parr

Bryan White sings “Tree of Hearts” at his concert in Pueblo.

no matter what your dreams are, you have to go for them.

Dreams are now realities, but with fame comes instant fan recognition. There is no going out for a night on the town and touring makes it tough to spend time with his family, but White knows it could be worse. It does get hard, but there are other alternatives, he said.

When it's all over, White said he will always be thankful for what he has. His dreams have come

Country music singers visit fair

by Jon Parr  
Mountaineer staff

The stars were shining brightly Saturday when two of country music's hottest stars, Bryan White and LeAnn Rimes performed at the Colorado State Fair Events Center, in Pueblo.

White started the sold-out concert off and quickly got the crowd involved as he encouraged the audience to clap their hands.

He also showed a sense of humor as he told the crowd Shania Twain was with him to perform their hit song From This Moment On, but the crowd was

disappointed to find out he was kidding. He admitted it was a bad joke, but more than made up for it with a great performance.

Rimes quickly followed suit and mesmerized her fans with the range of her voice.

Although hearing her voice in person was well worth the price of admission, Rimes failed to provide the flair she usually has during a performance. She didn't involve the crowd and lacked personality, but this could be attributed to her being sick.

All in all, the concert was worth the price of admission.